Olivia Campbell
Faculty of Science
THE UBC EXPERIENCE

The program you’re looking for
UBC consistently ranks among the top 40 universities and among the top 20 public institutions in the world. With 18 faculties that are comprised of 60 undergraduate and masters programs, 52,721 students call the UBC Vancouver campus home, including 12,117 international students from 139 countries.

In addition to its standing as one of the top research-intensive universities in the world, UBC also prides itself on maintaining a vibrant learning environment that features numerous experiential learning opportunities and a 15-1 student-teacher ratio.

The place you want to be
Surrounded by the forested trails of Pacific Spirit Regional Park and sandy beaches of the Pacific Ocean, UBC’s Vancouver campus finds itself nestled in the city’s Point Grey neighbourhood. The United Nations has ranked Vancouver as one of top three cities in the world in which to live for the past decade. Vancouver is renowned for pristine natural surroundings of mountain and sea, year-round mild temperatures, and culturally diverse communities.

THE THUNDERBIRDS EXPERIENCE

Canada’s most decorated athletics program
The UBC Thunderbirds varsity program consists of 25 teams in 13 sports, with affiliations in two inter-university leagues. Historically, UBC boasts the most successful program in U SPORTS, as Thunderbird teams have won over 100 U SPORTS national championships to date and nine in the US-based National Association of Intercollegiate Athletics (NAIA). UBC has also produced countless international competitors and medalists, including 231 Olympians, and hundreds of student-athletes who have been drafted into professional leagues around the world.

Academic and financial supports
The UBC Thunderbirds program employs full-time staff to aid student-athletes in their academic pursuits. An emphasis is placed on the transition of first-year students, for whom one-on-one tutoring and guaranteed housing is offered.

Priority course registration is made available for student-athletes in most faculties. Financial support is provided in the form of athletic scholarships and alumni-supported awards for leadership and academics, as well as a work-study program.

Integrated sport science
To optimize individual and team performance, student-athletes have access to state-of-the-art facilities, technology, hydrotherapy recovery rooms, and massage therapy. They are also supported by experts in exercise physiology, dietetics, and sport psychology. In addition, UBC’s strength and conditioning coaches tailor individual and sport-specific training regimens for student-athletes in the 4,000-square-foot Smith and Laycoe Varsity Weight Room.

Athlete health is a key priority at UBC, with three full-time therapists and strong partnerships with the UBC Student Health and Allan McGavin Sports Medicine Centre all dedicated to keeping athletes in top form, mentally and physically.
THE UBC CROSS COUNTRY AND TRACK & FIELD ADVANTAGE

Program success
- 7 program graduates on the 2016 Olympic Team
- Winning 4 out of the last 5 national women’s cross country titles
- 2017 men’s national track & field champions
- Consistently ranked #1 in the Independent Conference (NAIA), cross country and track & field

Coaching excellence
Laurier Primeau
- Former head coach of Scotland, 2012 Canadian Paralympic coach
Andrew Cooke
- Coach to some of Canada’s best U20 sprinters & hurdlers
Chris Johnson
- National team coach for the Ekiden Relays, Japan
Norm Tinkham
- 5 times represented Canada at the World Cross Country Championships
Gerry Dragomir
- Currently coach to 3 race walkers ranked in the top 30 in the world
Byron Jack
- Triple jump specialist coach with multiple national medals as an athlete and a coach
Elena Voloshin
- Horizontal jumps coach and former Ukraine national team member
Garrett Collier
- Former head throws coach, University of Hawaii. Coach to Canadian record holders in hammer

High performance support team
- Preventative therapy model
- Nutritional applications and advice from team nutritionist
- World-class strength and conditioning monitoring
- Individualized training protocols based on athlete requirements

Academic vigor
- 97 Academic All-Americans in the past 4 years
- Emphasis on academic-athletic balance
- Tutors available through the Thunderstudy Program, a weekly free
BECOMING A THUNDERBIRD

1. GOTHUNDERBIRDS.CA/RECRUIT
   - Thunderbirds recruitment information
   - Prospective Student Athlete Form

2. Ensure that UBC is the right academic and career choice for you. Investigate:
   - Programs offered
   - Academic prerequisites
   - Application deadlines

3. Compile your academic and athletic profiles
   - Academic transcripts
   - Playing history including participation in national, provincial and regional programs
   - Participation in other high performance sports
   - Coach recommendations
   - Highlight videos
   - Recent results

4. Make contact with head coach
   - Make your intentions known
   - Discuss your options
   - Have your questions answered

5. Apply to the university before the deadlines in your preferred faculty

FOR MORE INFORMATION

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